

Finger Stick IgG 184 Food Panel



Sample Patient
DOB: 00/00/0000

REQUISITION: 0000000
COLLECTION DATE: 00/00/0000
RUN DATE: 00/00/0000

Sample Doctor, M.D.
City, State, 00000

TEST	SCORE	CLASS	TEST	SCORE	CLASS	TEST	SCORE	CLASS	TEST	SCORE	CLASS
MEAT & POULTRY			VEGETABLES			FRUITS			NUTS, SEEDS & OILS		
Beef	0.149	0	Artichoke	0.196	0	Apple	0.169	0	Almond	0.176	0
Buffalo	0.138	0	Asparagus	0.175	0	Apricot	0.161	0	Brazil Nut	0.174	0
Chicken	0.158	0	Beets	0.173	0	Avocado	0.168	0	Canola	0.165	0
Duck	0.176	0	Bell Pepper	0.155	0	Banana	0.161	0	Cashew	0.194	0
Lamb	0.177	0	Broccoli	0.182	0	Blackberry	0.187	0	Chestnut	0.169	0
Pork	0.174	0	Brussel Sprouts	0.165	0	Blueberry	0.163	0	Chia Seed	0.296	1 *
Turkey	0.156	0	Cabbage	0.163	0	Cantaloupe	0.153	0	Cola	0.290	1 *
Venison	0.201	1 *	Carrot	0.248	1 *	Cherry	0.240	1 *	Flaxseed	0.165	0
FISH & SHELLFISH			Cauliflower	0.230	1 *	Coconut	0.301	2 **	Hazelnut	0.352	2 **
Anchovy	0.161	0	Celery	0.160	0	Cranberry	0.179	0	Hemp	0.166	0
Bass	0.169	0	Cucumber	0.156	0	Date	0.162	0	Macadamia Nut	0.172	0
Clam	0.197	0	Eggplant	0.168	0	Fig	0.176	0	Pecan	0.189	0
Codfish	0.154	0	Garlic	0.153	0	Grape	0.166	0	Pine Nut	0.153	0
Crab	0.176	0	Green Bean	0.161	0	Grapefruit	0.155	0	Pistachio	0.179	0
Flounder	0.158	0	Kale	0.256	1 *	Honeydew	0.151	0	Poppy Seed	0.185	0
Haddock	0.139	0	Kelp	0.287	1 *	Kiwi	0.155	0	Safflower	0.175	0
Halibut	0.163	0	Lettuce	0.167	0	Lemon	0.167	0	Sesame	0.175	0
Herring	0.138	0	Mushroom	0.334	2 **	Lime	0.167	0	Sunflower Seed	0.191	0
Lobster	0.247	1 *	Okra	0.167	0	Mango	0.148	0	Walnut	0.340	2 **
Mackerel	0.141	0	Olive, Green	0.165	0	Orange	0.174	0	HERBS, SPICES, FLAVORINGS		
Mussel	0.192	0	Onion	0.167	0	Papaya	0.137	0	Basil	0.219	1 *
Oyster	0.187	0	Parsnip	0.174	0	Peach	0.139	0	Bay Leaf	0.251	1 *
Perch	0.164	0	Potato	0.282	1 *	Pear	0.166	0	Black Pepper	0.269	1 *
Red Snapper	0.141	0	Potato, Sweet	0.174	0	Pineapple	0.163	0	Cilantro	0.259	1 *
Salmon	0.152	0	Pumpkin	0.148	0	Plum	0.262	1 *	Cinnamon	0.190	0
Scallop	0.152	0	Radish	0.169	0	Raspberry	0.147	0	Cloves	0.299	1 *
Shrimp	0.258	1 *	Spinach	0.196	0	Rhubarb	0.163	0	Dill	0.231	1 *
Sole	0.158	0	Squash	0.172	0	Strawberry	0.164	0	Fennel Seed	0.165	0
Squid	0.177	0	Tomato	0.151	0	Tangerine	0.162	0	Ginger	0.186	0
Swordfish	0.164	0	Turnip	0.164	0	Watermelon	0.235	1 *	Ginseng	0.219	1 *
Trout	0.144	0	Zucchini	0.170	0	BEVERAGES & MISC					
Tuna	0.166	0	LEGUMES & PULSES			Black Tea	0.198	0	Horseradish	0.169	0
Walleye Pike	0.243	1 *	Black-eyed Peas	0.162	0	Carob	0.272	1 *	Licorice	0.160	0
GRAINS & STARCHES			Chickpea	0.164	0	Cocoa	0.200	1 *	Mustard	0.161	0
Amaranth	0.171	0	Green Pea	0.179	0	Coffee	0.197	0	Nutmeg	0.188	0
Arrowroot	0.173	0	Kidney Bean	0.175	0	Green Tea	0.170	0	Oregano	0.197	0
Barley	0.248	1 *	Lentil	0.274	1 *	Honey	0.159	0	Paprika	0.163	0
Bran	0.161	0	Lima Bean	0.179	0	Yeast, Baker's	0.323	2 **	Parsley	0.165	0
Buckwheat	0.195	0	Navy Bean	0.169	0	Yeast, Brewer's	0.269	1 *	Peppermint	0.294	1 *
Corn	0.165	0	Peanut	0.196	0	DAIRY & EGG					
Gluten	0.258	1 *	Soybean	0.176	0	Blue Cheese	0.182	0	Rosemary	0.191	0
Hops	0.190	0	DAIRY & EGG			Casein	0.337	2 **	Sage	0.234	1 *
Malt	0.249	1 *	Blue Cheese	0.182	0	Cheddar Cheese	0.198	0	Tarragon	0.174	0
Millet	0.175	0	Cottage Cheese	0.190	0	Egg, White	0.486	3 ***	Thyme	0.275	1 *
Oats	0.150	0	Egg, Yolk	0.393	2 **	Milk, Cow's	0.358	2 **	Turmeric	0.187	0
Quinoa	0.183	0	Milk, Goat's	0.393	2 **	Milk, Sheep's	0.195	0	Vanilla Bean	0.198	0
Rice	0.156	0	Mozzarella Cheese	0.253	1 *	Swiss Cheese	0.221	1 *			
Rye	0.292	1 *	Whey	0.291	1 *	Yogurt	0.347	2 **			
Sorghum	0.172	0									
Tapioca	0.180	0									
Teff	0.181	0									
Wheat	0.266	1 *									

Reference Range G60 - 13713

<= 0.199 = 0 0.200 - 0.299 = 1 0.300 - 0.399 = 2 >= 0.400 = 3

Note: 0.185 - 0.215 should be considered equivocal

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